

# EVERYONE'S DOING IT...

 New message



To

Subject **Quarantine Recipe Exchange**

Hi friends!

Including you all in a fun recipe exchange! As the world is social distancing right now, many of us are experimenting in our kitchens to help pass the time. So, you have been invited to be a part of a #QuarantineCooking recipe exchange. Yay!

Please send a recipe to the person whose name is in position #1 (even if you don't know them). It should be something quick, easy, and without rare ingredients. Actually, the best one is the one you know in your head and can type right now. Don't agonize over it... It's the recipe you make when you're short on time.

After you've sent your recipe to the person in position #1 below (and only to that person), copy this email into a new email, move my name to the top, and put your name in position #2. Only mine and your name should show when you send your email. Send to 20 friends via BCC.

If you cannot do this within 5 days, let me know so it will be fair to those participating. You should receive 36 recipes. It's fun to see where they come from! Seldom does anyone drop out because we all need new ideas. The turnaround is fast, as there are only 2 names on the list, and you only have to do this once.

1. [Use any friend's name and email – with permission – if you're starting the chain.]
2. [Your name and email address]

In the meantime, stay safe, stay healthy, and STAY HOME. Happy #QuarantineCooking!

[Your name or email signature]

SEND

